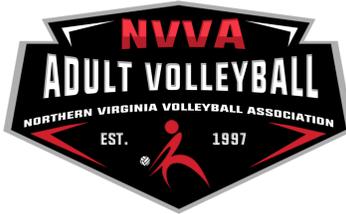


INFORMATION FOR PLAYERS AND TEAMS

LEAGUE FORMAT:

- 1) **Except as noted below, USA Volleyball rules shall apply.**
- 2) **CONDUCT.** Unsportsmanlike conduct before, during, and/or after the match is strictly prohibited and punishable by suspension of the individual or team. Disrespect to building directors, referees and/or facility staff will result in penalties to the players and/or team involved. Said penalties may include player/team suspension for the season, for the year, or for a greater time as determined by NVVA.
- 3) **MATCH FORMAT.** All league matches consist of (3) 25 point sets, rally scoring, win by 2, no cap (time permitting). Teams will switch sides in the 3rd set once one of the teams has reached a score of 13. Should the 2nd set continue into the last 10 minutes of the allotted time for the match, a two minute warning should be issued and the set will end with 8 minutes left in the match. Whichever team is ahead by one point shall be declared the winner. The winner of the 3rd set will be determined by whichever team is ahead by one point at the end of the allotted time for the match. If timeouts are called during the last two minutes of a match's scheduled time, an equal amount of time will be added to the match time.
- 4) **MATCH TIMES.** All league matches start at 8pm, 9pm, or 10pm with a 5 minute warm up period and 55 minutes of Match play. Should a match start later than scheduled due to court access, facility issues, or Referee delay, the 60 minutes for the match will start at the time all of those are resolved. Any match delays should be recorded on the schedule/results sheet.
- 5) **LINES.** There are no line judges. If, after consulting with teams on the court, a referee is unable to determine whether the ball was in or out, a replay should be awarded.
- 6) **TEAM COMPOSITION.** Teams are allowed to play with 5 players. For men's or women's, the empty position (or 'hole') starts and stays in the middle back (position VI). This means that there will be no loss of serve. For coed or reverse coed, a team must have 3 of one gender and 2 or 3 of the other gender. The 'hole' in coed or reverse coed formats starts in the middle back (position VI) and rotates through the set with a loss of serve when the 'hole' reaches the serving position (position 1). This awards a point and serve to other team. The team with 5 players will not lose the point they earned on the side out that puts the 'hole' into the serving position. Late arrivals may enter the match when the referee whistles the end of a rally. For men's and women's, they would move into position VI. For coed and reverse coed, the player would move into wherever the hole currently is on the court.



7) **FORFEITS.** Should a team not have 5 players at the scheduled match time, the following FORFEIT procedures should be applied:

- 5 minutes after the scheduled match time, set #1 will be a forfeit.
- 15 minutes after the schedule match time, set #2 will be a forfeit.
- 25 minutes after the scheduled match time, set #3 will a forfeit.

EXAMPLE: Match start time is 8pm and team 1 has 4 players on the court. At 8:05, they still only have 4 players. At this time, they will forfeit set 1. At 8:15, they still do not have a 5th player. At this time, they will forfeit set 2. The 5th player shows up at 8:20. They are allowed to play the 3rd set.

Teams have the right to play on the assigned court if the game/match is forfeit. Teams using a forfeited court shall give up the court five minutes before the next match time. The referee's watch shall be the official source of time. At NVVA's discretion, any team forfeiting more than one match for any reason may be removed from the league without a refund.

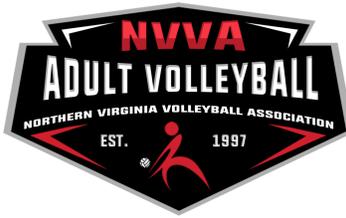
8) **UNIFORMS.** There are no uniform requirements. However, if a team chooses to use a libero, the libero should be distinctive enough that the referee can easily identify them as the libero. It will be at the referee's discretion as to the legality of the Libero's distinctiveness.

9) **SUBBING.** Players are allowed to be on 2 or more rosters within a league. Once a non-rostered player plays for a team, they become a member of that team and may not play for any other team within

that genre during that season (including playoffs). However, if a team is looking for a sub and wants to use a player in the division that is already on a roster, the team must obtain permission from the opposing team captain prior to match time. If a team captain questions the eligibility of a player, it MUST BE DONE PRIOR to the match. If it can't be resolved, the questioning captain can request to have the match played under protest. The captain questioning the eligibility should contact the Adult Coordinator at adults@nvva.com with the player name as well as the day, time, and league of the match in question. The referee shall facilitate the transfer of information.

10) **ROTATION/PLAYER SUBBING DURING A MATCH.** In accordance with USA Volleyball Rules, teams are allowed to sub one player for another player on the court (they can only sub for each other and are not allowed to sub into other positions on the court). Teams are also allowed to rotate players on the bench into the game. If this is done, it MUST be continuous and players must maintain an order on the bench (the person rotating out must go to the back of the line of people rotating in). In either case, in coed or reverse coed matches, this must be male for male or female for female.

11) **PURSUIT.** The pursuit rule is NOT in effect. Players should not attempt to play the ball beyond the plane of the net.



- 12) **Reverse Coed (Exception to USAV rule 2.5).** A male player may attack the ball so long as he jumps from behind the the attack line (back row attack as defined in the USAV rulebook). If a male player is positioned in front of the attack line when contact with the ball is made, and directs it into the opponent's court, part of the ball must be below the top of the net at the time of contact. For multiple team contacts, a male does not need to contact the ball during a rally.
- 13) **Reverse Coed 4s.** Indoor ball handling rules shall apply to this format. Open hand tipping and open hand serve receive are allowed. Current USAV indoor net fault rules and centerline fault rules shall apply. Teams may play with a minimum of 3 players. Service order must be maintained. When playing with 3, there will be a loss of serve and point at the 4th service in each rotation.
- 14) **PLAY OFFS:**
Format - All playoff rounds are best 2 out of 3. In the case of a 3rd set, it will be played to 15. The first round of playoffs will start at the time listed. Subsequent rounds will commence 10 minutes after the completion of the previous round. There is no time limit for playoffs so all games will be played to completion.
Legal Players - Players must have played for a team during regular season to be eligible for that season's playoffs. Being on the roster is not sufficient. Refer to SUBBING section for details on qualifications for details.